

I think the Behavioral Health Home might work for my child. How do I get more information?

- ◇ You can call MaineCare Member Services for a list of Behavioral Health Home providers at 1-855-714-2416. Call Center hours are from 7 a.m.-6 p.m. Monday-Friday.
- ◇ Feel free to contact one of the Behavioral Health Homes to discuss the program with them. BHH locations can be found at: <http://www.maine.gov/dhhs/oms/vbp/health-homes/stageb.html>
- ◇ If your child gets case management now, the agency where you go may be a Behavioral Health Home. You can talk to your child's case manager about the service.



MaineCare Behavioral Health Homes



MaineCare Services
11 State House Station
242 State Street
Augusta, ME 04333

For a list of
Behavioral Health Home providers
Contact
MaineCare Member Services
1-855-714-2416
Call Center hours 7 am-6 pm
Monday-Friday

**Managing your
Child's Mental
and
Physical Health
Needs**

Why is MaineCare offering this service?

Children with Serious Emotional Disturbance often have other health issues they need help with such as childhood obesity, asthma, or diabetes. These health issues may also, without proper care, lead to more health issues when the children become adults.

This service can help your child:

- ◇ Be healthier
- ◇ Avoid going to the Emergency Room or hospital
- ◇ Get the services and supports needed for your family to manage your child's mental and physical health issues



The Behavioral Health Home Can:

- ◇ Help to make an individual plan that includes your child's mental health and physical health strengths, needs, and goals
- ◇ Help you and your child's doctor work together
- ◇ Help you get the services and supports you need for your child
- ◇ Help with referrals
- ◇ Help you get services if your child is coming home from the hospital or residential facility
- ◇ Help give you information about your child's care

A team of providers working to keep you healthy!



How are Behavioral Health Home services different from my child's current case management services?

- ◇ It is a **team approach**. You work with your child's case manager, a nurse, a clinical team leader, and a peer/family support specialist.
- ◇ It is a **whole person approach**. It can help you reach your child's goals for both recovery and physical health.
- ◇ It is **integrated**. Your child's Behavioral Health Home team and primary care provider work together to help your child reach improved health.
- ◇ It includes **consumer and family supports and education**. You can get information and support when you need it.